

Pascagoula Senior Center

June 2019 * 769-8329

Sun

Mon

Tue

Wed

Thu

Fri

Sat

	Do you have a hobby or craft that you're good at ? Want to Teach a class ? Let Us Know	Have a Lunch Request ?	New Activity Idea?	Classes ?	Did you know we have A Library ? Checkout Some books !	Did you know we Rent the building Out for Events? 1					
2	8:15 Exercise 9:00 Line Dance/ Begin 10:00 Line Dance/ Adv. 1:30 Crochet	3	8:15 Exercise 10:00 Lois Exercise 12:00 Lunch 1:15 Canasta	4	8:15 Exercise 8:30 Pickle Ball	5	8:15 Exercise 9:00 Line Dance 10:00 Lois Exercise 10:00 Bible Study 11:00 Golden Age 1:30 Acting	6	8:15 Exercise 1:00 Dominoes	7	8
9	8:15 Exercise 9:00 Line Dance/ Begin 10:00 Line Dance/ Adv. 1:30 Crochet	10	8:15 Exercise 10:00 Lois Exercise 12:00 Lunch Celebrate Flag Day 1:15 Canasta 3:30 Senior Choir Before lunch Blood Pressure with Liz	11	8:15 Exercise 8:30 Pickle Ball	12	8:15 Exercise 9:00 Line Dance 10:00 Lois Exercise 10:00 Bible Study	13	8:15 Exercise 1:00 Dominoes	14	15
16	8:15 Exercise 9:00 Line Dance/ Begin 10:00 Line Dance/ Adv. 1:30 Crochet	17	8:15 Exercise 10:00 Lois Exercise 12:00 Lunch 1:15 Canasta	18	8:15 Exercise 8:30 Pickle Ball	19	8:15 Exercise 9:00 Line Dance 10:00 Lois Exercise 10:00 Bible Study 1:30 Acting	20	8:15 Exercise 1:00 Dominoes	21	22
23	8:15 Exercise 9:00 Line Dance/ Begin 10:00 Line Dance/ Adv. 1:30 Crochet	24	8:15 Exercise 10:00 Lois Exercise 12:00 Lunch 1:15 Canasta 3:30 Senior Choir	25	8:15 Exercise 8:30 Pickle Ball	26	8:15 Exercise 9:00 Line Dance 10:00 Lois Exercise 10:00 Bible Study 1:30 Acting	27	8:15 Exercise 1:00 Dominoes Line Dancer & Choir @Biloxi Welcome Center time TBD	28	29

Pascagoula Senior Center
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Pascagoula, MS 39568
228-769-8329

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June, 2019

Dear Friends:

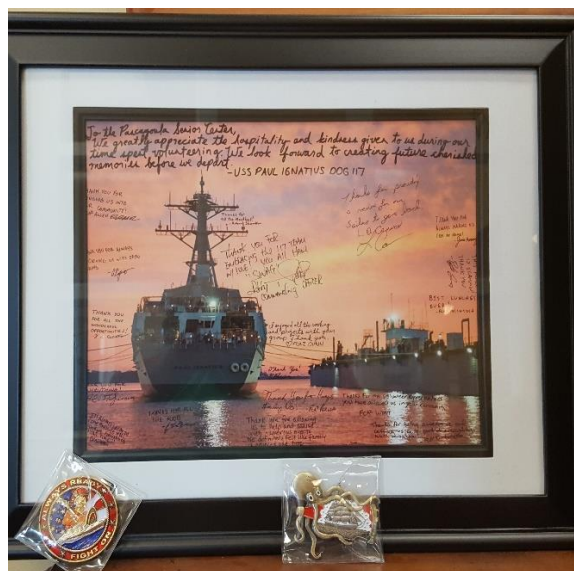
The USS Paul Ignatius DDG 117 was built here in Pascagoula, at Ingalls Shipbuilding, and will be leaving in June to travel to Jacksonville FL where it will homeport at NAS Mayport. The Crew has been a good friend to the Pascagoula Senior Center. Over the last year, they have cooked on Tuesday for our luncheons, as well as helping out with an array of projects. They have assisted with painting rocking chairs, yard work, and putting up Christmas & Mardi Gras decorations. They've done some "heavy lifting" moving tables, chairs, and boxes. We have enjoyed getting to know these men and women and wish them all the best on their future endeavors. 'Fair winds and following seas' to the entire crew of the USS Paul Ignatius DDG 117 from everyone at the Pascagoula Senior Center!



THANK YOU FROM THE SENIOR CENTER



WE WILL MISS YOU



A big THANK YOU to the men and woman of the USS Paul Ignatius who came out to the Pascagoula Senior Center today and made Jambalaya for the crowd! Huntington Ingalls U.S. Navy
#pascagoulaseniors
#pascityseniorcenter #pascagoulaproud
Dane Maxwell, Mayor of Pascagoula



New Activity!

Game Day: Do you like to play? Checkers, chess, dominos, monopoly, scrabble, corn hole? Is there another game you play? If you're interested in participating in game day sign up with Mallory, call or come by. Looking to have this activity on a Wednesday.

Donations:

From time to time donations of cups, plates, bowls and Plastic forks, spoons brought to the Pascagoula Senior Center. We absolutely are grateful for these. If you would like to do that some time here is what we use:

6" plates for dessert, 5" bowls for beans and dessert, 6" bowls, disposable aluminum pans

SOUTHERN HEARTS HOSPICE WILL OFFER BLOOD PRESSURE CHECKS – The 2nd & 4th Tuesday of June. On the 4th Tuesday they will provide Bingo. Blood pressure screenings are between 10:30 & 11:30am.

TRAVLERS!!

There is a new travel group that has formed 'Riverside Travelers'* they are planning a FALL TRIP from October 7th thru 13th to Williamsburg VA, \$995.00/Double Rate On the agenda so far are: Jamestown, Yorktown and Bush Gardens. For more information on this trip Please contact Lois Horn: 228-623-1353, Pat McAdams: 228-623-0794, Melanie Caver: 228-369-1551

*The Riverside Travelers group is not a part of the Pascagoula Senior Center. It's an independent group that meets at the Center.

Reminders:

- Do not park on the cement portion of the driveway. We need to keep this area clear in case of fire.
- In order to use the gym, you must have a doctor sign our health form **YEARLY**. If you don't know if you have a current form, ask Mallory. You may not use the gym until you turn in a current form.



June Senior Spotlight

Key Higginbotham. Key is a lifelong resident of Pascagoula and 10 year plus volunteer at the center. She helps in the kitchen, doing just about everything there is to do. Tuesday lunches would not be possible without her. She donates magazines, books, greeting cards to the center. She makes homemade jellies, candies just to name a few. This month Key will be turning 90 years young. She shows no sign of slowing down!!!