



PASCAGOULA SENIOR CENTER

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P.O. Drawer 908

1912 Live Oak Ave.

Pascagoula, MS 39567

The City of Pascagoula is delighted to offer programs, activities and services for our SENIOR POPULATION. Located on the EAST end of LIVE OAK AVENUE, activities planned at **PASCAGOULA SENIOR CENTER** are available for anyone age 55 and older. All participants must complete our registration process including non-resident fees for seniors who live outside of the city limits. Our staff looks forward to providing the very best in leisure activities for continued development of your mind, body and spirit. Monthly newsletters are e-mailed and posted on the city's web page at www.cityofpascagoula.com.

ACTING – First, third, and fifth Thursdays at 1:30 pm. Call to sign-up.

ARTS AND CRAFTS – Wreath making, floral arranging, bow making, greeting cards, wood working and more. Call for current list of a variety of arts and crafts classes.

BIBLE STUDY – New folks may join any time. Topics vary but are bible-centered. The group meets Thursdays at 10:00 am.

BRIDGE – We have different groups; 1-4 tables that meet Monday – Thursday. Call to be listed.

CANASTA – The group plays on Tuesdays beginning at 1:15 pm.

CROCHET - This is a gathering to share ideas and stitches. They meet on Mondays at 1:00 pm.

DOMINOS – Thursdays, 10:00 am. Join any time

FITNESS ROOM – Thanks to the **SRHS Healthplex**, we have 12 stations including treadmills, stationary bikes, Nusteps, ellipticals and more. There is no charge for using the area, however everyone must have a current medical authorization. The area is NOT monitored during workouts.

FUN AND FELLOWSHIP – Each Wednesday morning we have groups that meet to play a variety of table games that include dominos and cards. Join us any Wednesday between 9:00 am – 12:00 pm.

GAME ROOM – Enjoy a game of ping pong, pool, dominoes, or some other game in the game room. Or put together a jigsaw puzzle at a game table.

LIBRARY – There are hundreds of books to choose from in our library. You can check out books and jigsaw puzzles or enjoy them in our cozy library.

LINE DANCING – Mondays and Thursdays at 9:00 am.

PICKLEBALL – This is great fellowship, and fun, and exercise each Wednesday at 8:30. Everyone is welcome to come join the fun.

POTTERY – Classes for new students are offered periodically which include instruction and all supplies. Cost is \$65 for 5-6 weeks with clay, use of equipment, and firings included!

TUESDAY LUNCHEONS – **Second and fourth Tuesdays at 11:30 am.**

We are always **LOOKING FOR INSTRUCTORS** for classes including: **Arts/Crafts, Creative Writing, Yoga, Tai Chi,** or any other talent you may have. Call us for a rewarding experience!
(228) 769-8329



Pottery

Call about classes or studio time.
Join us @ "STUDIO 129"
Learn the latest in **HAND BUILDING.**



Our cozy library offers a wide variety of books and puzzles.



SENIOR CENTER COORDINATOR:
Mary Cooper

STAFF:
Debbie Hodges and Gatrice Wells.

We love, appreciate, and depend on our wonderful VOLUNTEERS!

For more information or to express interest in a class or activity not offered, please call the Pascagoula Senior Center at (228) 769-8329, or email mcooper@cityofpascagoula.com
Call, visit, or email and share ideas with us.



We are always interested in working with groups and companies as sponsors. Call us and let's compare ideas to benefit you and our seniors!



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Call or email us for information about programs, activities and services offered for senior adults age 55+.



Also, call for information about renting our party and business spaces.